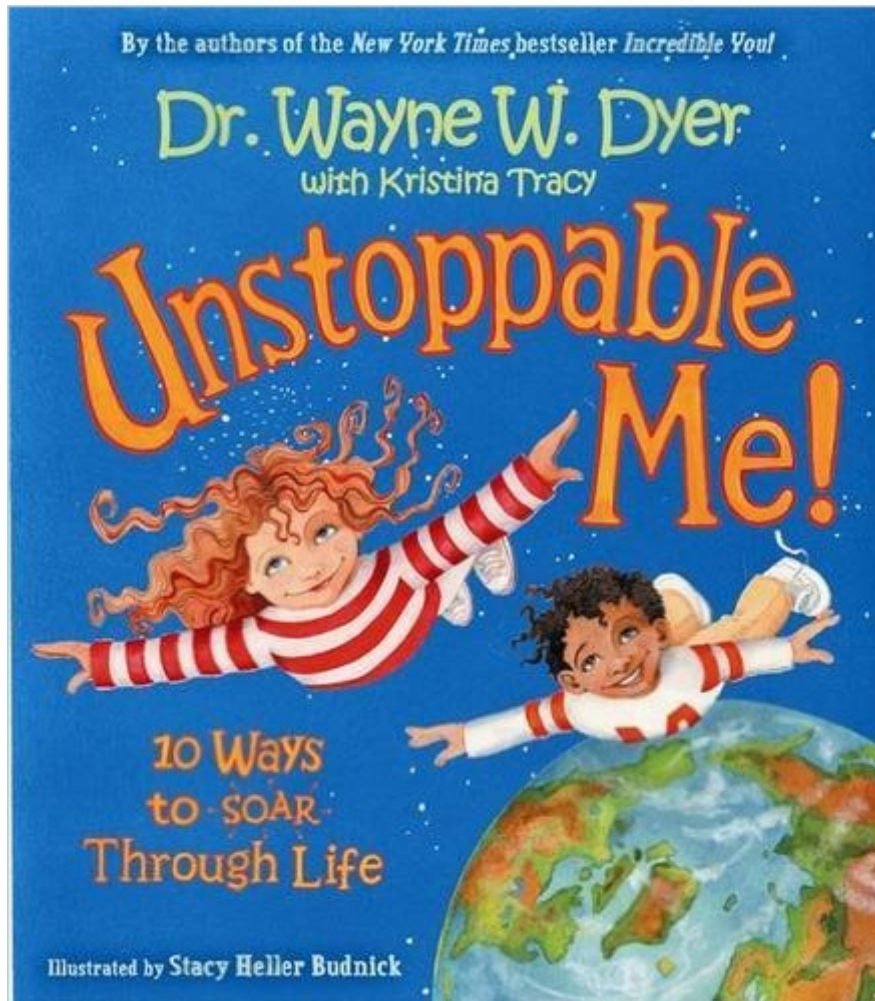


The book was found

# Unstoppable Me!: 10 Ways To Soar Through Life



## Synopsis

Following in the footsteps of Dr. Wayne Dyer's first children's book, the bestseller *Incredible You!* this work goes even further toward expressing Wayne's positive message for children. In *Unstoppable Me!* Dr. Dyer teaches children how to hold on to the no-limit thinking he believes they were born with, rather than just trying to "fit in." In doing so, they can learn to truly enjoy life and become unstoppable as they strive to attain their dreams. The 10 important lessons in this book include the value of taking risks, dealing with stress and anxiety, and learning to enjoy each moment. Each point includes an example showing how a child might apply the concept in his or her everyday life. Similar to *Incredible You!* there are questions at the end of the book to help spark discussion and to further reinforce Wayne's message.

## Book Information

Lexile Measure: 770L (What's this?)

Hardcover: 32 pages

Publisher: Hay House; 1 edition (October 1, 2006)

Language: English

ISBN-10: 1401911862

ISBN-13: 978-1401911867

Product Dimensions: 9.2 x 0.5 x 10.4 inches

Shipping Weight: 11.4 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars See all reviews (140 customer reviews)

Best Sellers Rank: #7,797 in Books (See Top 100 in Books) #90 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Self-Esteem & Self-Respect #203 in Books > Politics & Social Sciences > Sociology #744 in Books > Children's Books > Literature & Fiction

Age Range: 4 - 8 years

Grade Level: Preschool - 3

## Customer Reviews

"Rely on yourself, and be true to who you are. What's unique about you is what will take you far. Don't look to others to say you're okay. You know it--so believe it!--show your own self the way. Don't blame others for the things you say or do. Every choice that you make is all up to you." - From the book *Following after his debut children's book Incredible You!*, Dr. Wayne Dyer has created another colorfully illustrated book titled *Unstoppable Me!* Based on his book for adults *What Do You*

Really Want for Your Children?, Dr. Dyer offers ten encouraging lessons for kids ages 4-10--ways to "soar through life":1. You're Great--No Matter What!2. Persistence Pays Off!3. Welcome the Unknown4. You Have a Choice5. Farewell to Worry6. Peace Begins with You7. Enjoy the Here-and-Now8. Healthy Me!9. Creativity is the Key!10. What Can You Give?Co-authored by Kristina Tracy with lovely illustrations by Stacy Heller Budnick, Unstoppable Me! provides a rhyming poem explaining the lesson, as well as an example from everyday life--all from a child's view. Here's a sample from the section Farewell to Worry:"If you want to be unstoppable,there's something you must know:Worrying can bring you downAnd cause helpless feelings to grow.Just try to remember,When stressful thoughts attack,That positive actions on your partAre the best way to fight back.So talk to someone if you're feeling blue;Tell them about your thoughts.Because sharing your burdens can helpYou through many of life's rough spots.

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